

TO RELAX, **NATURALLY**

## WELLNESS MENU

### HYDRO CARE

Niagara bath with aromatic oils (20')	€27,00
Jet Shower (20')	€37,00
Wave Impulses Shower (20')	€32,00

### MASSAGES

Deep leg massage (20')	€ 29,00
Back massage (20')	€ 29,00
Shiatsu of the back (20')	€ 29,00
Shiatsu of the head (20')	€ 32,00
Hot stone back massage (20')	€ 40,00
Full body massage (50'):	€ 62,00
• Relaxing	
• Stimulating	
Anti-Cellulite massage (50')	€ 64,00
Massage for pregnant woman (50')	€ 62,00

### SPA AROUND THE WORLD Face & Body

Scen Tao of Asia (80')	€ 93,00
<i>With hot stones, with green tea, jasmine and apple blossom</i>	
Khanya of Africa (80')	€ 93,00
<i>Based on Marulo Oil (peeling + massage)</i>	

### BODY TREATMENTS

Babor body peeling ( <i>Cranberries</i> ) (20')	€ 32,00
Scented Sea-salt peeling (20')	€ 37,00
Sugar peeling ( <i>brown sugar</i> ) (20')	€ 37,00
Body wraps (20'):	€ 54,00
• Body mask	
• Strengthening algae treatment	
• Regenerative treatment with ACE vitamins	
Peeling & body wrap (50')	€ 80,00

### FACIAL TREATMENTS

Treatment (50'):	€ 69,00
• Vita Balance	
• Calming Sensitive	
• Perfect Combination	
• Pure	
Facial for him (60')	€ 69,00
Advanced Biogen (80')	€ 90,00
Supplement:	
• Special eye care	€ 13,00
• Facial hair removal	€ 21,00
• Eyebrow hair removal	€ 6,00
• Upper lip hair removal	€ 5,00

Book treatments for 150,00€ and receive a 10 % discount...

\*valid for all reservations with a minimum of 150,00€ per person per day



SILVA HOTEL SPA-BALMORAL 33 / 4900 SPA

Tel: +32 87 79 32 50 - Fax: +32 87 77 41 74 - info@silvahotel.be - www.silvahotelspabalmoral.be



### BEAUTY DAY

- A facial treatment
- A manicure
- A body pack

Access to the swimming pool, sauna, Turkish bath, whirlpool, fitness room and relaxation area  
Use of a bathrobe and a towel

€ 167,00 per person\*

\*Additional cost for a health lunch: € 16,00 per person

### Wellness Centre Access

Open 7 days a week from 7.00 to 22.00.

Swimming pool, sauna, Turkish bath, whirlpool, fitness room and relaxation area.

We kindly ask you to :

- to wear fitness clothes in the gym;
- To sit on a towel in the sauna.

Reserved for people over 16 years of age.

### WELLNESS DAY

- A Niagara bath with an aromatic oils
- A massage to choose: legs or back massage
- A health lunch

Access to the swimming pool, sauna, Turkish bath, whirlpool, fitness room and relaxation area  
Use of a bathrobe and a towel

€ 87,00 per person

### Available at the reception (Tel: 11)

Hotel guest access (per day)	€ 13,00
Exterior guest access (3h)	€ 20,00
Monthly wellness subscription	€ 155,00
Monthly swimming pool subscription	€ 75,00
Slippers	€ 5,00
Bathrobe hire	€ 7,00
Solarium: 1 token = 5 minutes	€ 5,00

### PERSONAL TRAINER

Price: 75€/hour

More information available at the reception

*In case of cancellation, we ask you to inform us at least 24 hours in advance. For all treatments which are not cancelled in time we are entitled to charge you a 100 % cancellation fee.*

*All our prices included VAT and service charge.*

